

Call to Schedule an Appointment

 **800-674-9401**

"We're Dedicated to Improving Lives One Family at a Time" - WMHO/POPS

**Now
Open**

Complementary Art Therapy

Complementary Health Department
8801 Woodward Detroit, MI 48202



About_

Discover the transformative power of creativity with our Complimentary Art Therapy Programs. We offer a diverse range of interactive art workshops designed to engage your imagination while also providing valuable support for your social, emotional, and mental health. Each session combines hands-on artistic expression with therapeutic techniques aimed at promoting healing, self-discovery, and emotional well-being.

Whether you're looking to manage stress, build resilience, or simply explore your creative side in a supportive environment, our programs are tailored to help you thrive. Join us for an enriching experience where art and therapy come together to foster personal growth and connection. Start your journey to wellness today!



Hours:

- **Monday:** 8am-8pm
- **Tuesday:** 8am-8pm
- **Wednesday:** 8am - 8pm
- **Thursday:** 8am - 8pm
- **Friday:** 8am - 8pm
- **Saturday:** 10am - 3:00pm

**In-Person & Virtual Appointments
Available**