Our Goals

- Global Access to Care: Ensure that every individual, regardless of their geographic location or socioeconomic status, has access to comprehensive health and mental health care through partnerships, evidence-based programs, and community engagement.

- Holistic Wellness: Promote a comprehensive understanding of health that includes not only medical and mental healthcare, but also the social, environmental, educational, and economic factors that contribute to overall well-being.

- Innovation and Collaboration: Lead global innovation in mental health and wellness strategies by collaborating with partners, governments, and communities to develop and implement solutions that address both mental illness and wellness in a holistic manner.

- Substance Abuse Treatment: Provide integrated programs that treat mental health and substance abuse simultaneously, offering comprehensive, sustainable solutions for long-term recovery.

- Advocacy for Mental Health: Advocate for mental health policies worldwide that prioritize mental health alongside physical health, reducing stigma and ensuring that mental health services are available to all individuals in need.

- Education and Awareness: Increase global awareness and education on mental health through training, outreach programs, and awareness campaigns that reduce stigma and encourage acceptance, understanding, and support for those affected by mental health conditions.

Our Goals

- **Address Healthcare Inequities:** Eliminate inequities in healthcare by reducing preventable deaths and illnesses, with a particular focus on underserved and vulnerable communities. Advocate for the improvement of healthcare access and quality for these populations, ensuring fair treatment and better health outcomes.

- **Address Social Determinants of Health:** Work to eliminate social determinants of health in underserved and rural communities, particularly those that lack access to medical care. Focus on addressing inequalities faced by communities that are vulnerable to racism, implicit bias, and discrimination, ensuring they have access to the resources and care they deserve.

- **Restoring Trust in Healthcare:** Rebuild trust within communities that have experienced historical adversity, racism, and discrimination in healthcare systems. WMHO is committed to healing the divide by fostering inclusive healthcare practices, cultural competence, and transparent, compassionate care.

- **Eliminating Health Deterrents through Culturally Relevant Practices:** Eliminate the social, environmental, and economic deterrents to health that hinder well-being in every community, particularly through culturally relevant programs and practices. By prioritizing community-driven solutions and embracing the unique needs and values of diverse populations, we aim to increase access to wellness resources and create environments that support health for all.

- **Eliminate Maternal Mortality and Morbidity:** Work toward the elimination of maternal mortality and morbidity globally, especially those caused by preventable conditions, focusing on both the United States and countries worldwide.