



# WORLD MENTAL & HEALTH ORGANIZATION

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## *Our Mission*

The World Mental & Health Organization (WMHO) originally known as World Mental Health Organization is unwavering in our commitment to dismantling the barriers that prevent individuals worldwide from accessing the care, support, and resources they deserve. We are dedicated to eliminating health and mental health disparities, ensuring that every person, regardless of their background, has the opportunity to thrive. Our holistic, evidence-based approach addresses the full spectrum of health—medical, mental, social, environmental, and economic—empowering communities to build a foundation of wellness. We fight for equity, advocate for justice, and tirelessly work toward a future where healthcare systems are inclusive, accessible, and free from discrimination. Our mission is to restore dignity, promote healing, and forge a path toward a world where everyone is empowered to lead a healthy, fulfilling life.