

Call to Schedule an Appointment

 **800-674-9401**

**Now
Open**

"We're Dedicated to Improving Lives One Family at a Time" - WMHO/POPS

Mental Health

Mental & Behavioral Health Department
8801 Woodward Detroit, MI 48202
Suite 204



Programs & Services

The World Mental Health Organization offers a wide range of mental health services, blending both traditional and alternative approaches to support your well-being. We provide group counseling, preventative programs, intuitive counseling, and Neuro-Linguistic Programming (NLP) to help you overcome personal challenges.

Our support groups create a safe space for individuals to connect, while emotional intelligence and social-emotional learning programs improve communication, empathy, and

resilience. Additionally, our mindfulness practices help promote peace and focus in your daily life. Whether you're looking for therapy, growth, or self-discovery, we are here to support you on your journey to mental wellness.

Hours:

- **Monday:** 8am-8pm
- **Tuesday:** 8am-8pm
- **Wednesday:** 8am - 8pm
- **Thursday:** 8am - 8pm
- **Friday:** 8am - 8pm
- **Saturday:** 10am - 3:00pm

In-Person & Virtual Appointments Available

